



2026

Homelessness Point-in-Time Count Results

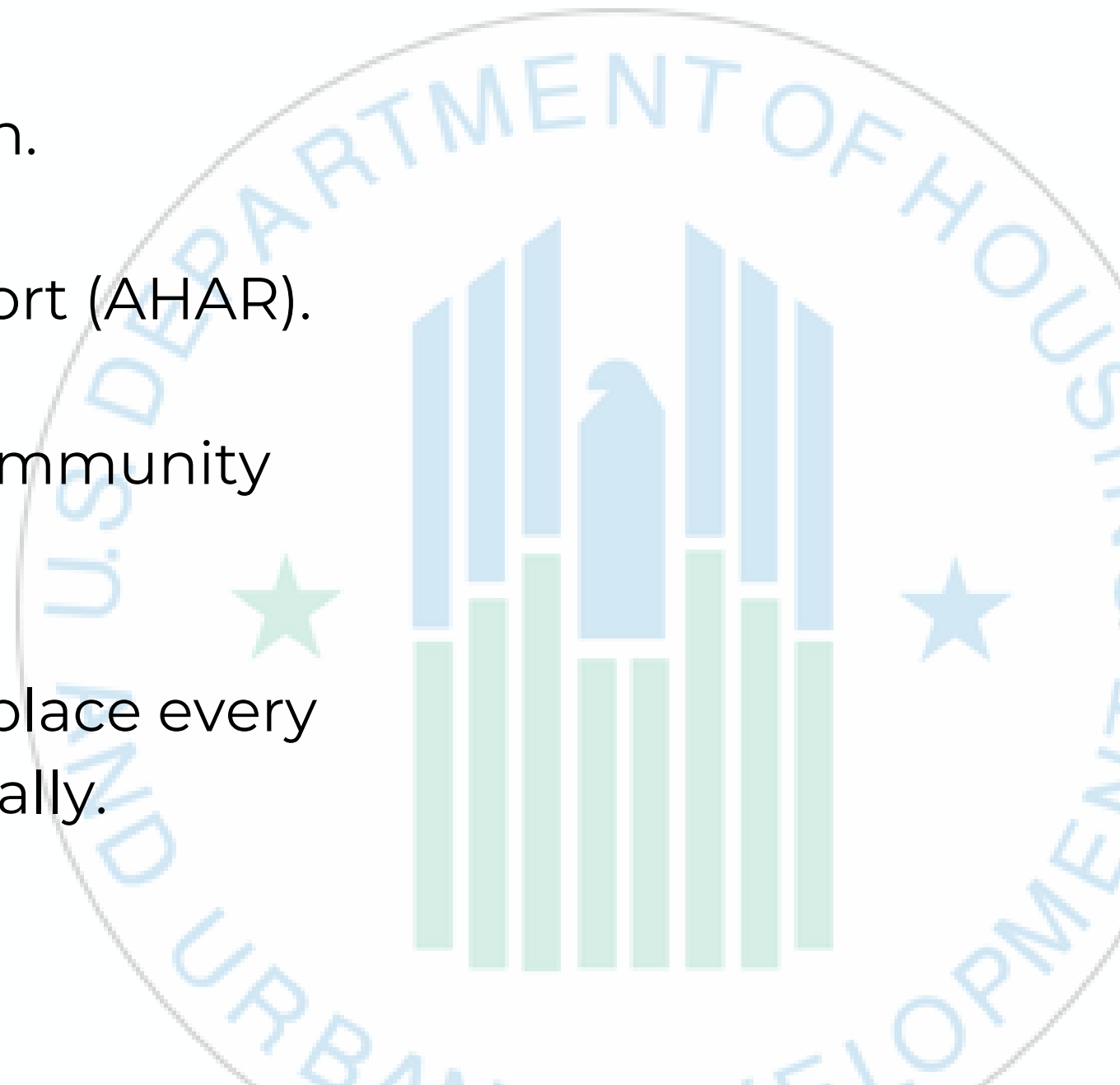
SACRAMENTO CITY AND COUNTY CONTINUUM OF CARE

PREPARED BY SACRAMENTO STEPS FORWARD



What is the PIT Count?

- A “point-in-time” snapshot used to **estimate** homelessness in our community and better understand those who are experiencing homelessness.
- Mandated by the Department of Housing & Urban Development (HUD) for federal funding.
- Implemented by Continuum of Care agencies across the nation.
- Contributes to the national Annual Homeless Assessment Report (AHAR).
- Informs policy-making and funding and provides insight on community services and support.
- In Sacramento, the Point-In-Time Count has historically taken place every other year. Going forward from 2026, it will be conducted annually.



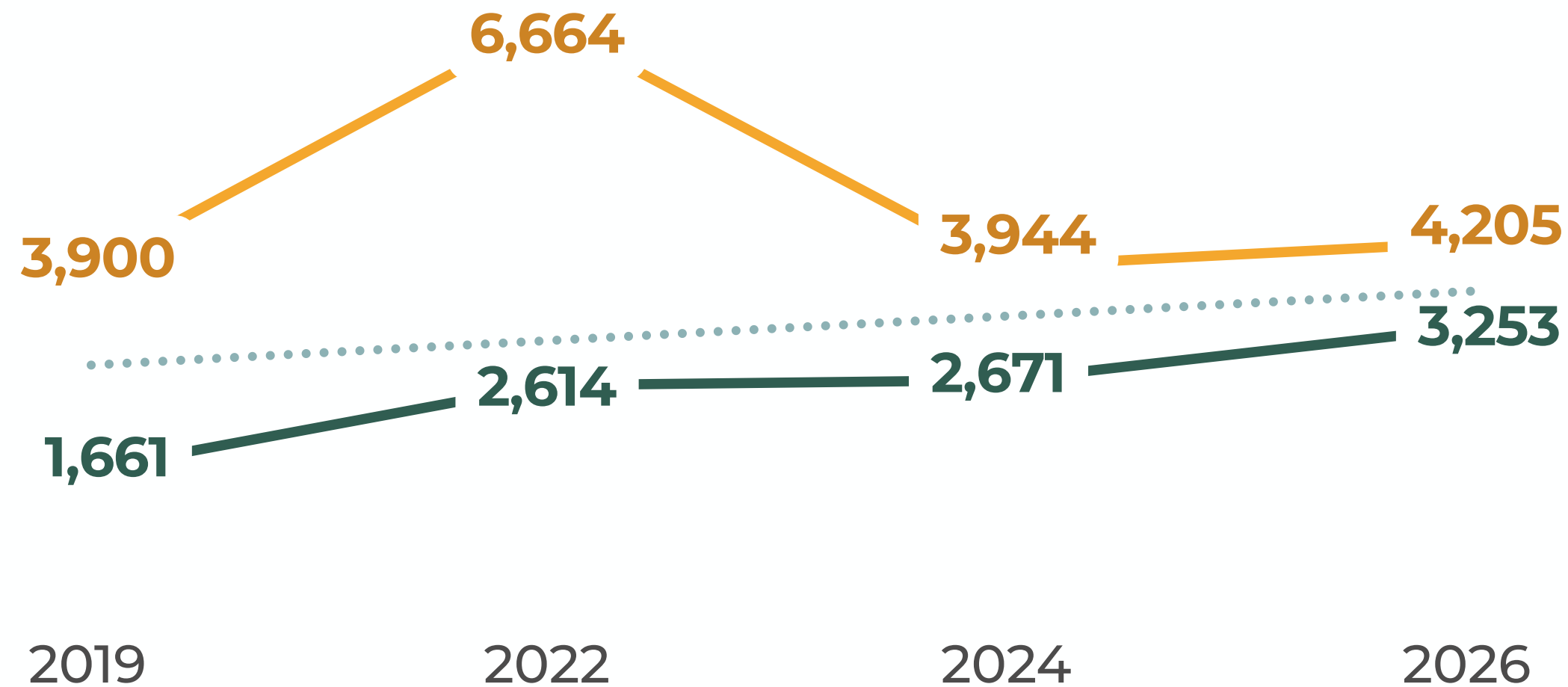
A Peek into Sacramento's January 2026 PIT Count

- Managed by the Sacramento City and County Continuum of Care & Sacramento Steps Forward.
- Deployed 203 teams totaling 779 trained volunteers across two nights, a 30% increase from 2024.
- Covered urban, suburban, rural, river corridor, and other hard-to-reach areas across the County.
- Included individuals experiencing homelessness in shelters and in unsheltered circumstances.
- Covered 200 census tracts across Sacramento County.
- Conducted ~1,200 surveys, nearly twice as many as 2024.



7,458 people were estimated to be experiencing homelessness during the 2026 PIT Count.

12.7% increase from 2024 | 46 in every 10,000 residents



4,205 people were unsheltered.

6.6% increase from 2024

3,253 people were sheltered.

21.8% increase from 2024

- Unsheltered
- Sheltered

69% of the increase in the 2026 PIT Count was among individuals staying in shelter or transitional housing

2026 Demographics

Sheltered and Unsheltered Estimates

Household Composition

Adults without children saw an overall increase of 13.6% (750), including a 6.9% (269) increase in unsheltered and a 29.8% (481) increase in sheltered.

Adults with children saw an overall increase of 10.6% (115), including a 11.1% (4) increase in unsheltered and a 10.6% (111) increase in sheltered.



Adults with No Children

33.5%	66.5%
Sheltered	Unsheltered
6,260 individuals in 5,955 households	



Adults with Children

96.7%	3.3%
Sheltered	Unsheltered
1,195 individuals in 362 households	



Unaccompanied Minors

Only 3 unaccompanied minors were counted, 2 sheltered and 1 unsheltered.

2026 Demographics

Sheltered and Unsheltered Estimates

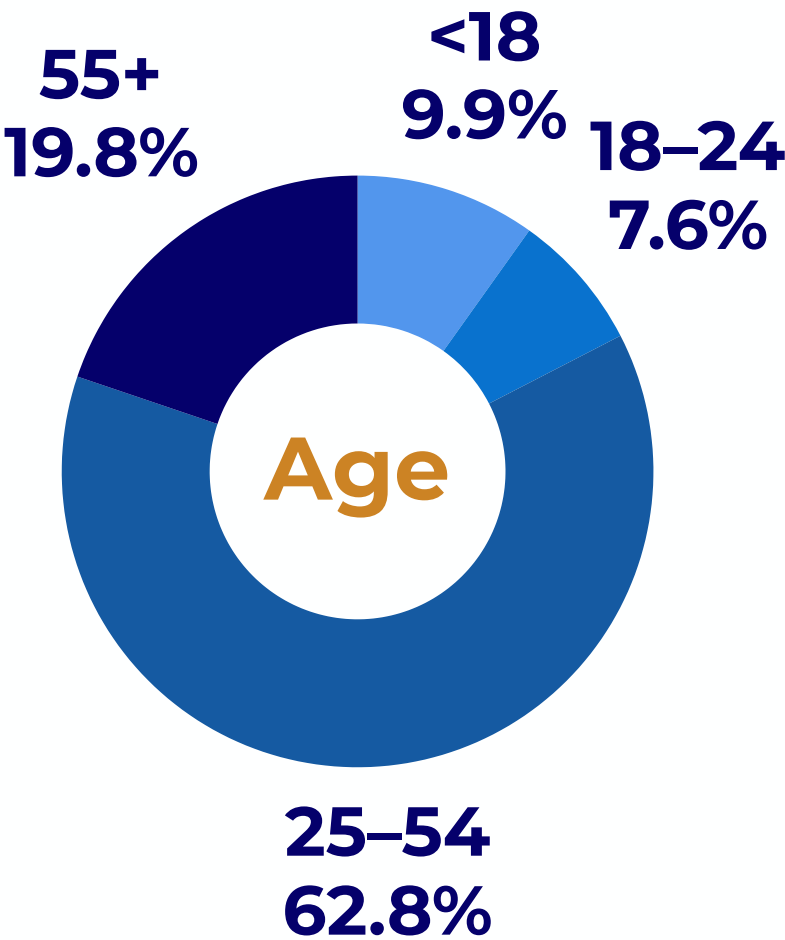
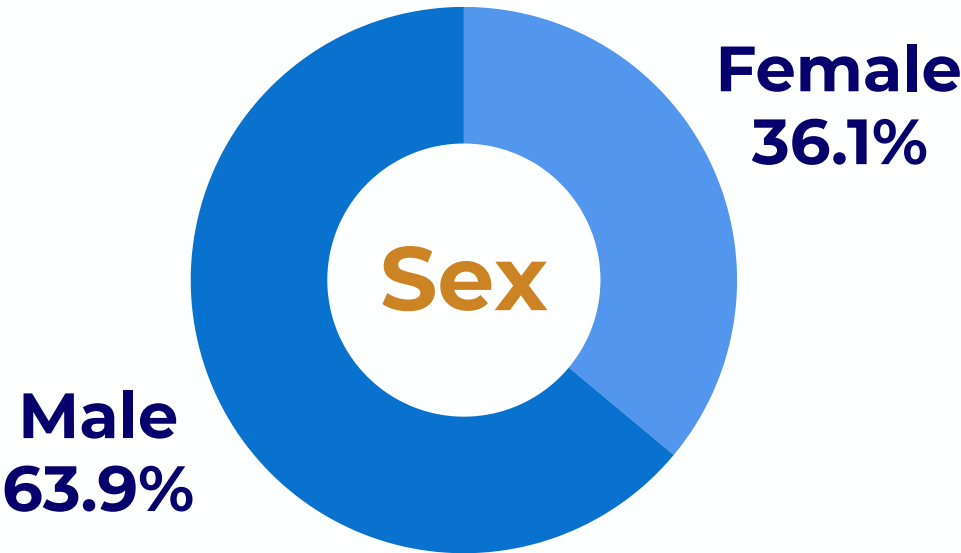
Race/Ethnicity

Approximate likelihood of experiencing homelessness:

 **Black/African American/African:**
3–4x more likely
Total: 2,405

 **American Indian/Alaska Native:**
11–12x more likely
Total: 160

than the residential population.



Males accounted for nearly double the number of individuals counted compared to females.

Insights from ~1,200 survey responses during the PIT Count:



Key Takeaways

1 Investments in shelter resulted in a meaningful increase in the number of people staying in shelter and transitional housing.

2 Targeted prioritization and outreach efforts are increasing shelter access for highly vulnerable populations.

3 Unsheltered homelessness is becoming more geographically dispersed across Sacramento County.

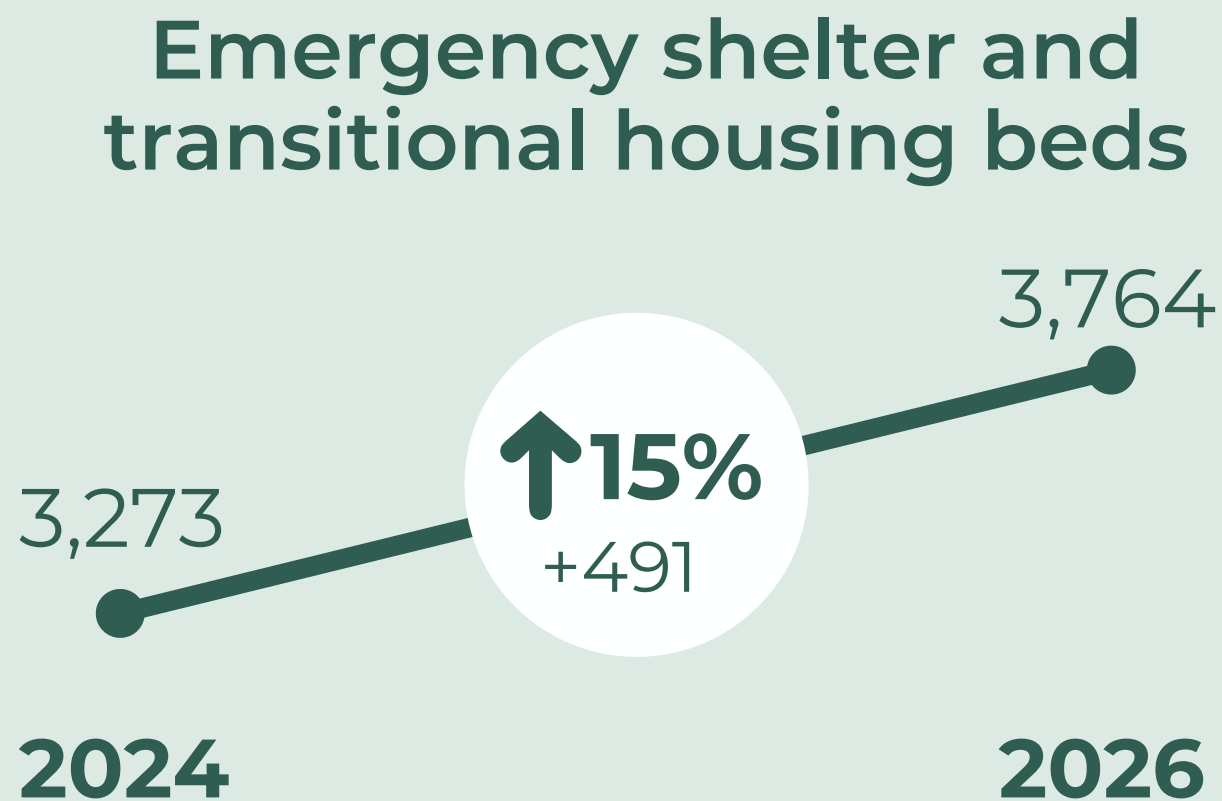
4 System reporting has improved, with monthly HMIS data trends aligning closely with PIT Count results.

More People Accessed Shelter and Transitional Housing

What happened?

The number of people staying in shelter and transitional housing on the night of the count grew by 582 people, a 21.8% increase.

This means 582 more people had support, safety, and a roof over their heads, and that our community's efforts to reach the most vulnerable is working.



Why?

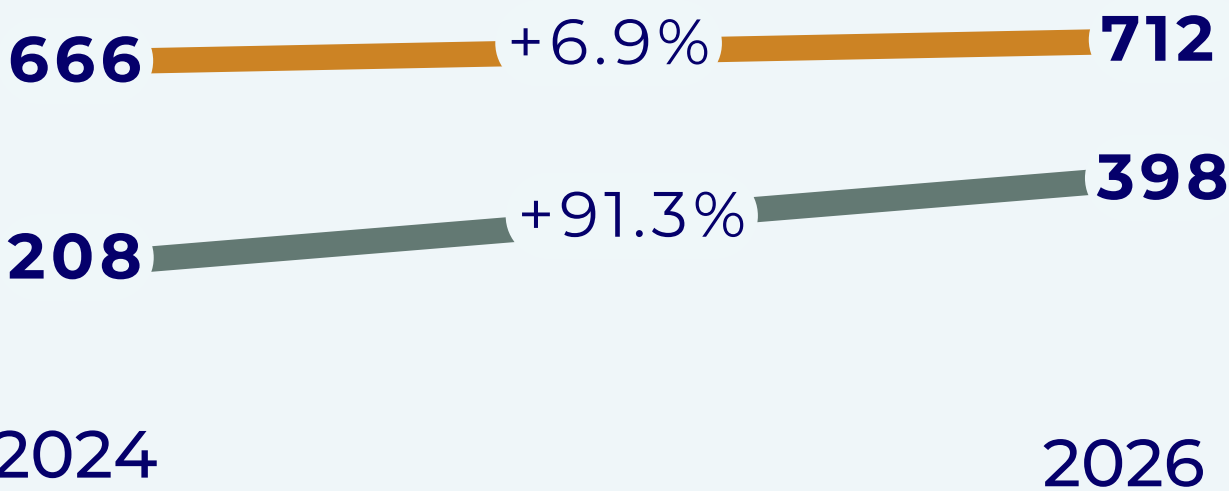
The results reflect regional investments in shelter capacity, coordinated access through 2-1-1, and targeted efforts to address unsheltered homelessness, including the addition of 491 emergency shelter and transitional housing beds.

Vulnerable Populations: From 2024 to 2026

Unsheltered ●
Sheltered ●

Survivors of Domestic Violence

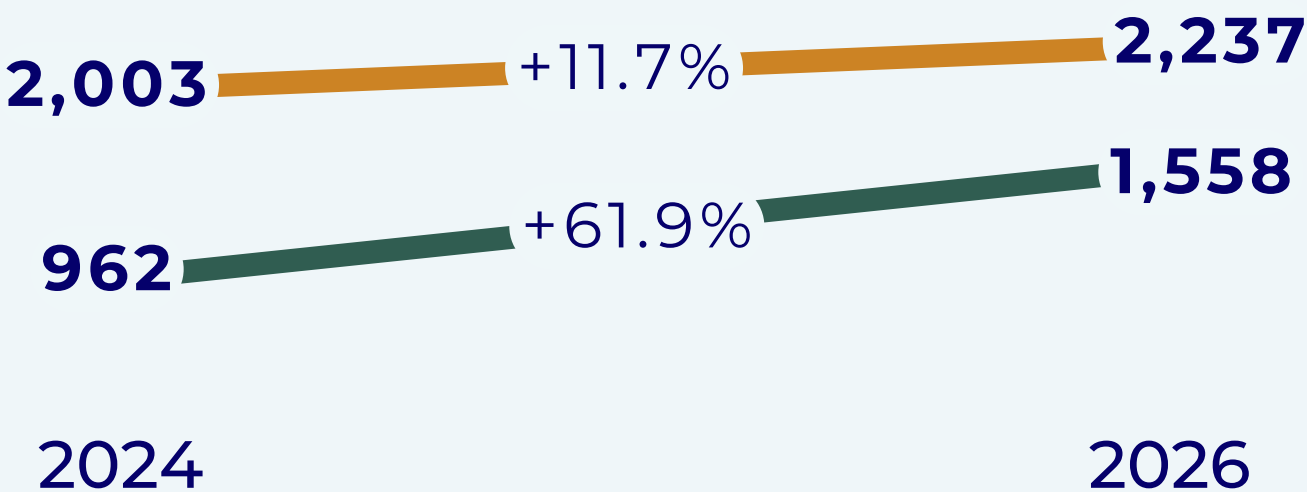
Adults



Adult survivors of domestic violence experienced a **91% increase in sheltered homelessness**, reflecting expanded connections to shelter and supportive services.

Chronically Homeless*

Individuals



Among people experiencing chronic homelessness, **sheltered homelessness increased by 62%**, suggesting more people with long-term, complex service needs were connected to shelter and transitional housing

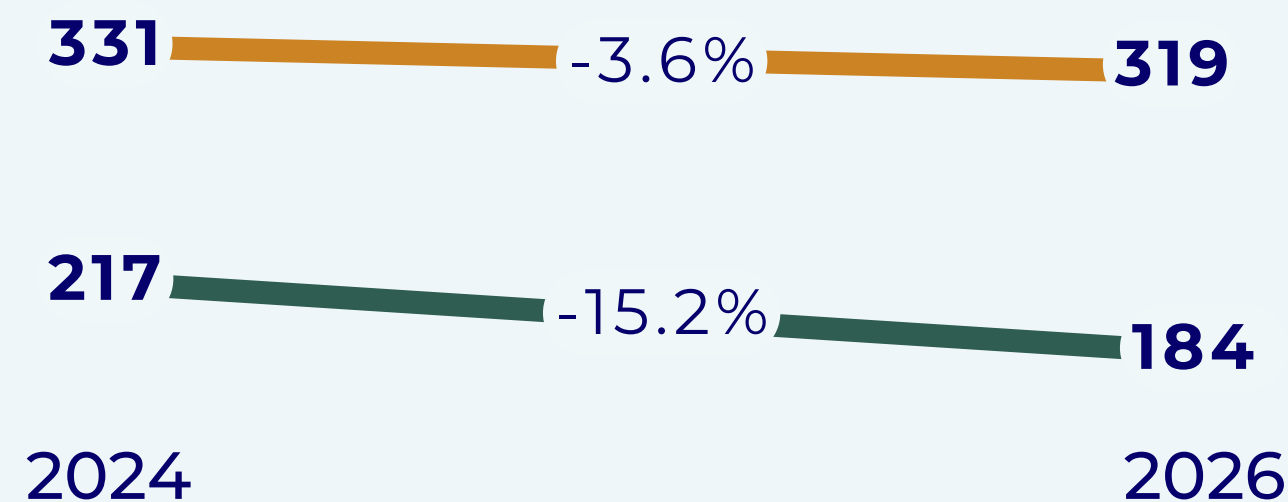
*Has a disability and has been homeless for at least 12 months or on at least 4 separate occasions totaling to a year in the last 3 years.

Vulnerable Populations: From 2024 to 2026

Unsheltered ●
Sheltered ●

Veterans

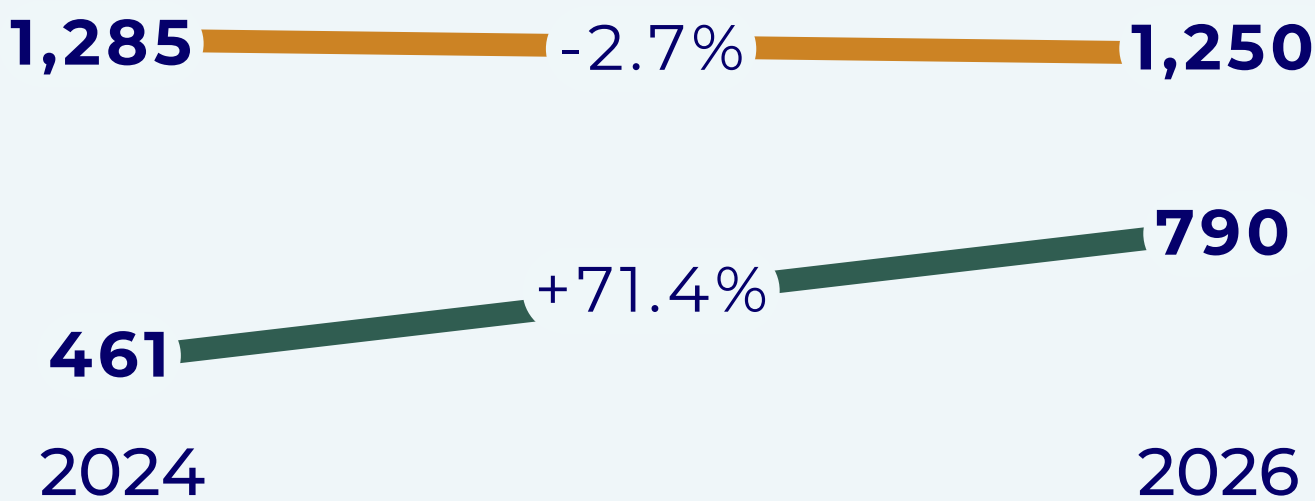
Adults



Veteran homelessness declined overall, reflecting continued progress in reducing homelessness among veterans through targeted outreach and housing interventions.

Serious Mental Illness

Adults



Fewer adults experiencing a **serious mental illness** were unsheltered while more were seen in shelters, showing that more individuals with complex needs were brought indoors and connected to services.

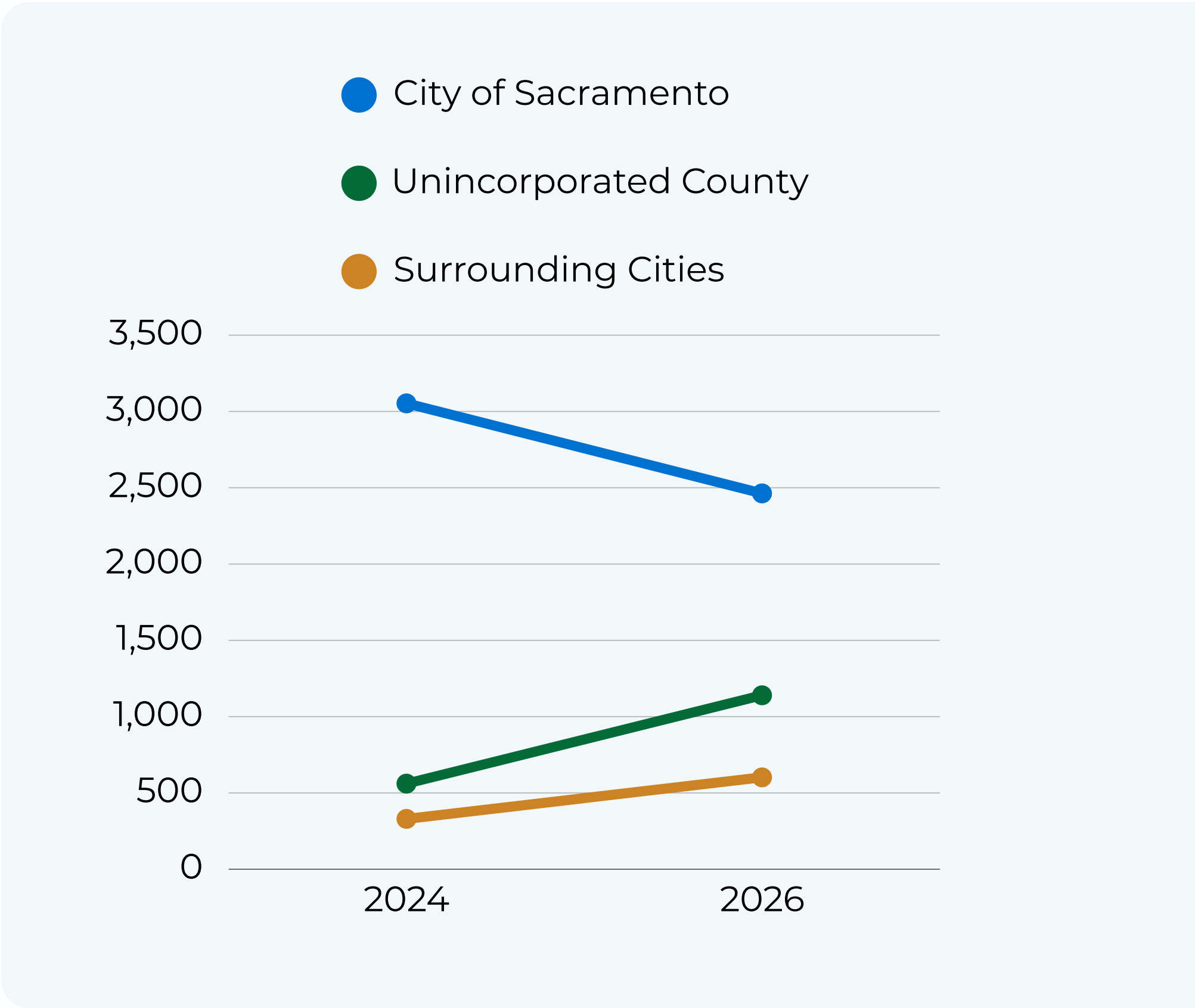
Geographic Dispersion of Unsheltered Homelessness

What happened?

Unsheltered homelessness was more geographically dispersed across Sacramento County than in recent years. 58.6% of individuals experiencing unsheltered homelessness were within the City of Sacramento, 27.1% within the unincorporated area of Sacramento County, and 14.3% within surrounding cities.

Why?

Geographic patterns in PIT data can be influenced by a range of factors, including shelter availability, outreach engagement, mobility across jurisdictions, and local conditions on the night of the count.



Unsheltered Distribution

*Isleton had a count of 0.

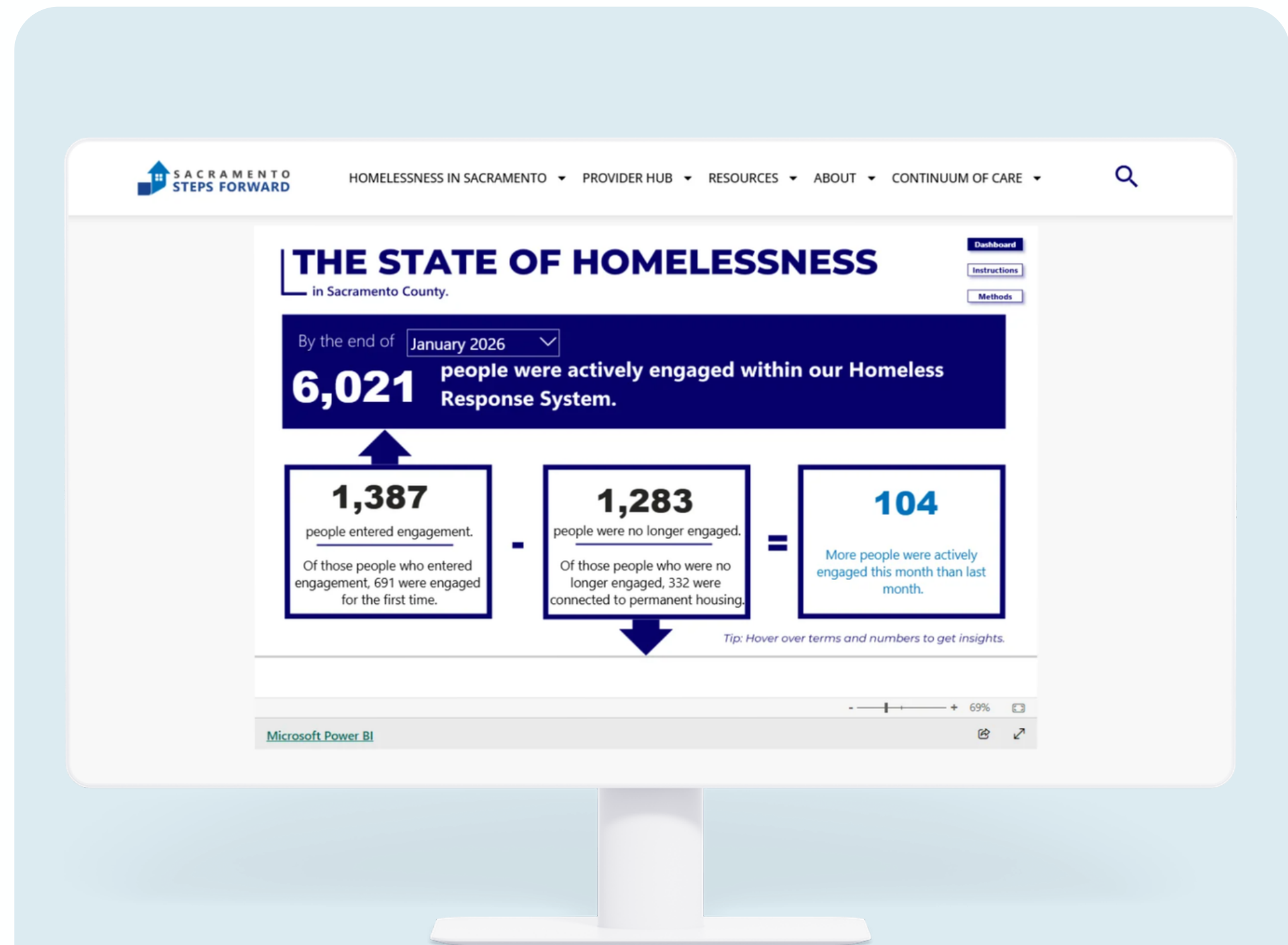
Sacramento County Areas	Total Unsheltered	Percent of Total	Change from 2024
City of Sacramento	2,463	58.6%	-19.3% (-590 people)
Unincorporated County	1,140	27.1%	103.2% (+579 people)
Folsom	80	1.9%	-39.9% (-53 people)
Elk Grove	123	2.9%	48.2% (+40 people)
Citrus Heights	157	3.7%	153.2% (+95 people)
Rancho Cordova	210	5.0%	303.9% (+158 people)
Galt	32	.8%	- (+32 people)
Total	4,205	100.0%	6.6% (+261 people)

Alignment with System Reporting in HMIS

The 2026 PIT Count results demonstrate consistency with trends in the Homeless Management Information System (HMIS), reported monthly through a community dashboard (bit.ly/hmisdata). Both reports show inflow into homelessness outpacing exits throughout 2025 and 2026.

Why does it matter?

This confirms that the data we are seeing through the HMIS is accurate to what is happening across the county.



15%

more shelter and transitional housing beds,

25%

more permanent housing beds,

1%

fewer people becoming homeless
for the first time,

143%

more people connecting to shelter and housing through
street outreach programs,

15%

more people moving into permanent housing, and

6%

fewer people returning to homelessness

**are some of the improvements Sacramento
has made since the 2024 PIT Count.**