

BE PREPARED HURRICANE SUPPLY LIST

First Aid / Health

- ☐ Prescription Medicine (Two-week supply)
- ☐ First Aid Kit
- ☐ Insect Repellent
- ☐ Sunscreen
- ☐ Disinfectant
- ☐ Tincture of Iodine/Water Purification Tablets

Non-Perishable Food/Utensils

- ☐ 1 Gallon of Water Per Person/Per Day
- ☐ Powdered Milk / Evaporated Milk
- ☐ Canned Meats / Fish (tuna, ham, etc.)
- ☐ Canned Fruit and Vegetables
- ☐ Dried Foods (spaghetti, rice, etc.)
- ☐ Canned Soups / Chili
- ☐ Dried Fruit and Nuts
- ☐ Cereal
- ☐ Crackers and Cookies
- ☐ Coffee and Tea
- ☐ Peanut Butter and Jelly
- ☐ Pudding
- ☐ Baby Food/Formula
- ☐ Pet Food and Medicine
- ☐ Ice Chest and Ice
- ☐ Disposable Plates
- ☐ Glasses and Utensils
- ☐ Manual Can Opener

Hygiene

- ☐ Toilet Paper
- ☐ Diapers and Wipes
- ☐ Soap and Detergent
- ☐ Bleach for Sterilization (unscented with Hypochlorite, the only active ingredient)

Rain / Power Outage

- ☐ Spare Batteries
- ☐ Flashlights / Lantern
- ☐ Rain Gear
- ☐ Waterproof Matches / Sterno
- ☐ Charcoal and Lighter Fluid
- ☐ Fuel for Generators and Cars
- ☐ Propane Gas (for grills)

Emergency Repairs

- ☐ Plastic Sheeting / Tarp
- ☐ Duct or Masking Tape
- ☐ Nails, Rope, Lumber, Tools
- ☐ Plastic Garbage Bags

Recreation

- ☐ Books, Magazines, and Games
- ☐ Battery-operated TV/Radio and Clock

Miscellaneous

- ☐ Fire Extinguisher
- ☐ Cash (ATMs may not work after the storm)

TIP

THE CDC recommends adding the following items to your kit to help prevent the spread of COVID-19: soap, hand sanitizer, disinfecting wipes/sprays and cloth face coverings.