

March 23 & 24, 2023

### **Conference Fact Sheet**

Updated 03-07-2023

# **GRAND SPONSORS**Hazel and Marvin R. Shanken





**Conference Title:** The Autism Innovations and Global Impact Conference: REcreating RECREATION as a Supplemental Intervention for Individuals with Autism Spectrum Disorder

**Dates:** March 23 & 24, 2023 with the optional Roots & Ruts Off-Road 5K Run/Walk on March 25, 2023

Conference Website: https://bit.ly/Rec-Conference-2023

**Venue:** The Els Center of Excellence (R) Campus, 18370 Limestone Creek Road, Jupiter, Florida 33458

**About:** The conference will focus on demonstrating how RECREATION can be used as a platform for other therapeutic interventions. Leaders in recreation programs and services, dedicated to improving the lives of individuals on the autism spectrum, will be featured. The conference will provide tools and best practices for organizations, providers, and practitioners interested in initiating or expanding recreation services to individuals with autism spectrum disorder (ASD) and other developmental disorders.

Topics covered will include recreation activities and experiences in the areas of:

Arts | Leisure | Healthy Living | Well-being | Sports | Fitness





**Why Attend:** Participation in recreation activities is critically important for people with ASD and other developmental disorders. These various activities and experiences produce emotions of achievement, and enjoyment and promote inclusion, self-confidence, and increased quality of life.

### Who Should Attend:

Therapists Across Disciplines/Families/Clients/Self Advocates

### **ARTS | LEISURE**

Art Therapists
Art Teachers
Dance Therapists
Educators - Regular and Special Education
Music Therapists

### **HEALTHY LIVING | WELL-BEING**

Mental Health LCSD LEC Nutritionists Yoga Instructors

### SPORTS | FITNESS

Occupational Therapists
Personal Trainers
Physical Education Teacher
Physical Therapists
Recreational Therapists
Special Educators in Sports Fields
Sports Experts





Role of Supporting Sponsors (non-financial): Supporting Sponsors distribute conference communications and share news about the conference. Els for Autism provides updated information and assets for social media posts and other audience contact methods such as e-blasts and blogs. As a minimum, conference information is to be distributed to email lists twice and have social media posts on at least two different platforms in the months of December, January, February, and March. In return, Supporting Sponsors receive recognition on the conference webpage with your organization's description (100 words), logo, and URL.

### **Event Pages on Facebook and LinkedIn:**

Facebook Event:

https://www.facebook.com/events/932071727753898

LinkedIn Event:

https://www.linkedin.com/events/theautisminnovationsandglobalim6998008

938201759744/comments/

### Els for Autism Foundation social channels:

Instagram: @els\_for\_autism

Twitter: @ElsForAutism Facebook: @elsforautism LinkedIn: @els-for-autsim





#### Cost:

Regular Rate | February 1-March 14, 2023 | \$425 Late Registration | March 15-March 22, 2023 | \$475

Speakers - Keynotes, Presentations, and Panelists in alphabetical order:
Andrew Blitman, Professional Artist, and Published Author
Dani Bowman, Founder, and CEO, DaniMation Entertainment
Doreen Cammarata, MS, Licensed Mental Health Counselor (LMHC), Els for
Autism Foundation

Eric Chessen, Founder, Autism Fitness

Greg Connors, Recreation Services Coordinator, Els for Autism Foundation Rachel Costello, C-IAYT, ERYT500, RCYT, RPYT, YACEP, Executive Director, Yo Re Mi, Certified Yoga Therapist

Joshua Deer, Certified Golf Instructor

Dr. Shannon Dieringer, Department Chair of the Department of Special Education and Professor of Special Education, Ball State University Merrick Egber, Communications Specialist, Els for Autism Foundation Graziella Gadia, Teacher of Arts, Eyecontact, and Arts & Hearts Dr. Erin Brooker Lozott, BCBA-D, CCC-SLP, Program Director, Els for Autism Foundation

Erica Lyles, MT-BC, Director, Whole Vibes Jason Miletsky, B.S. CPT, Founder, and President, Exceptional Fitness Foundation

Maricarmen Saleta, LGIT, WSIT, AAC, BA Psychology (Continued on next page)





## **Speakers - Keynotes, Presentations, and Panels in alphabetical order** (*Continued*):

Dr. Jack Scott, Executive Director, Florida Atlantic University Center for Autism and Related Disabilities (CARD)

Dr. Stephen Shore, Professor, Adelphi University

Dr. Marlene Sotelo, BCBA-D, MT-BC, Executive Director, Els for Autism Foundation

Tiago Toledo, Applied Behavior Analysis, Neuromotricity, and Psychomotricity Graduate, BPhEd, Adapted PE Teacher

Jen Van Horn, DT, MS HS, Holistic Nutritionist, Jen Van Horn Health Dr. Amy Wagenfeld, OTR/L, SCEM, EDAC, FAOTA, Principal of Amy Wagenfeld Design, Affiliate Associate Professor, University of Washington James A. Williams, Advisory Board Member, Els for Autism Foundation

### **Active Demonstrations:**

Exceptional Fitness Foundation - Jason Miletsky, B.S. CPT, Founder, and President

First Tee of the Palm Beaches and Joshua Deer - Emily Valentine High 5 Basketball - Gary Cohen

The Miracle League of Palm Beach County - Jeff & Julia Kadel Vinceremos Therapeutic Riding Center - Equine Assisted Learning, Ruth Menor, Founder & Chief Programs Officer





### **CE/CEUs Offered:**

Els for Autism Foundation is recognized by the **Athletics and Fitness Association of America (AFAA)** as an Approved Continuing Education Provider for 7 AFAA CEUs. AFAA CEUs are dependent on session selection.

CEU credits for the conference listed on this transcript (provided to the Els for Autism Foundation) are approved by NCTRC for the **American Therapeutic Recreation Association (ATRA)** = 9 CEUs

**Behavior Analyst Certification Board (BACB)** has approved 3 CE hours of general continuing education credits.

**Florida Physical Therapy Association (FPTA)** = 6 CEs

**Florida Council of Dietetics and Nutrition** = 6 CEs

This course has been sanctioned by the **Florida Occupational Therapy Association (FOTA)** for 9 contact hours. Sanctioning of this course does not imply endorsement of specific content, products or clinical procedures by FOTA.

Els for Autism Foundation is recognized by the **National Academy of Sports Medicine (NASM)** as an Approved Continuing Education Provider for 7 NASM CEUs.
NASM CEUs are dependent on session selection.

The School District of Palm Beach County attendees can earn 12 Florida Educator Inservice Points.





### **Contacts:**

### **Conference Co-hosts:**

Dr. Marlene Sotelo | marlene.sotelo@elsforautism.org

Dr. Erin Brooker Lozott | erin.lozott@elsforautism.org

### **Conference Manager:**

Mariann Coleman | mariann.coleman@elsforautism.org

### **Sponsorships:**

Paige Thomas | page.thomas@elsforautism.org

### **General Inquiries:**

RecConference2023@elsforautism.org

For more information and to register, scan the QR Code:





Eastern Standard Time	RE-CREATING RECREATION Conference Schedule Day One   March 23, 2023 (times subject to change) Course Education Level: Intermediate	Location
7:15-8:15 a.m.	Breakfast & Networking	Pavilion
8:15-8:30 a.m.	Welcome - Co- Hosts - Dr. Marlene Sotelo and Dr. Erin Brooker Lozott	Auditorium
8:30-9:30 a.m.	KEYNOTE: HEALTHY LIVING   WELL-BEING Title: Yoga and Autism: Incorporating Movement and Mindfulness as Complementary Therapy Speaker: Rachel Costello	Auditorium
9:30-10:30 a.m.	PANEL: HEALTHY LIVING   WELL-BEING Title: The Benefits of Recreation on the Physical & Emotional Health & Well-being of Individuals with Autism Spectrum Disorder Moderator: Dr. Erin Brooker Lozott Panel Participants: Doreen Cammarata, Merrick Egber, Dr. Stephen Shore, and Jen Van Horn	Auditorium
10:30-11:00 a.m.	Break	Bio Break   Grab Snacks
11:00-12 noon	KEYNOTE: HEALTHY LIVING   WELL-BEING Title: Being your best self: A mindful approach to physical activity, sleep, and overall health Speaker: Dr. Shannon Dieringer	Auditorium
12:00 - 1:30 p.m.	Lunch & Networking   music provided by James Williams	Pavilion
1:30-2:30 p.m.	KEYNOTE: ARTS   LEISURE Title: Dani's 13 years of entrepreneur experience Speaker: Dani Bowman	Auditorium
2:30-3:30 p.m.	PANEL: ARTS   LEISURE Title: Art, Music, Leisure, & Nature-Based Activities: The positive impact on learning, living, health, & well-being Moderator: Dr. Amy Wagenfeld Panel Participants: Andrew Blitman, Graziella Gadia, Erica Lyles, and James A. Williams	Auditorium
3:30-3:45 p.m.	Break	Bio Break   Grab Snacks
3:45-4:45 p.m.	PRESENTATION: ARTS   LEISURE Title: Using Music to Promote Skill Acquisition using the Principles of Applied Behavior Analysis Speaker: Dr. Marlene Sotelo	Auditorium
4:45-5:00 p.m.	Wrap-up Day One	Auditorium
5:00-6:30 p.m.	Networking Reception   Music by Alex Perez	Pavilion and Sensory Arts Garden

Eastern Standard Time	RE-CREATING RECREATION Conference Schedule Day Two   March 24, 2023 (times subject to change) Course Education Level: Intermediate	Location
7:00-8:00 a.m.	Breakfast & Networking	Pavilioin
8:00-8:15 a.m.	Welcome - Co- Hosts - Dr. Marlene Sotelo and Dr. Erin Brooker Lozott	Auditorium
8:15-9:15 a.m.	KEYNOTE: SPORTS   FITNESS  Title: Making Recreation More Therapeutic with the Strategic Use of Evidence-based Practices  Speaker: Greg Connors	Auditorium
9:15-10:15 a.m.	CO-PRESENTATION: SPORTS   FITNESS  Title: Drowning and elopement risks for children with autism: Strategies for reducing risk  Speakers: Dr. Jack Scott and Maricarmen Saleta	Auditorium
10:15-10:30 p.m.	Break	Bio Break   Grab Snacks
10:30-11:45 a.m.	ACTIVE DEMONSTRATIONS: SPORTS   FITNESS Baseball (The Miracle League of Palm Beach County)   Basketball (High-5 Basketball) Equine Assisted Learning (Vinceremos Therapeutic Riding Center)   Fitness (Jason Miletsky)   Golf (First Tee of the Palm Beaches and Joshua Deer)	Locations Across the Campus
11:45-1:00 p.m.	Lunch & Networking	Pavilion
1:00-2:15 p.m.	ACTIVE DEMONSTRATIONS: SPORTS   FITNESS Baseball (The Miracle League of Palm Beach County)   Basketball (High-5 Basketball) Equine Assisted Learning (Vinceremos Therapeutic Riding Center)   Fitness (Jason Miletsky)   Golf (First Tee of the Palm Beaches and Joshua Deer)	Locations Across the Campus
2:15-3:15 p.m.	PRESENTATION: SPORTS   FITNESS Title: Sports & Autism Spectrum Disorder Speaker: Tiago Toledo	Auditorium
3:15-3:30 p.m.	Break	Bio Break   Grab Snacks
3:30-4:30 p.m.	PANEL: SPORTS   FITNESS  Title: Panel Title: Form and Function: Using Evidence-based Practices to Increase Therapeutic Benefits across Athletic Disciplines Moderator: Greg Connors Panel Participants: Eric Chessen, Joshua Deer, Jason Miletsky, Maricarmen Saleta, and Tiago Toledo	Auditorium
4:30-4:45 p.m.	Closing Remarks	Auditorium
4:45-5:00 p.m.	Break	Auditorium
5:00-6:46 p.m.	Optional - Movie - Flip Turn (1 hour and 46 minutes)	Auditorium