

MAR 10 2021

Letter to the Court

3.8.2021

CIRCUIT COURT
WAUKESHA COUNTY, WI

First of all, I'd like to thank the Court for giving me the opportunity to speak. I assure you all, I will not be wasting your time.

I'd like to say that I am sorry and deeply regretful for the agony, pain, and fear I have caused not only Peyton and her family, but my community as well. I take full responsibility for my actions on May 31, and I show that responsibility by making sure I never get that ill again. I have taken care of my mental health since I was last in this courtroom, thus proving my acceptance of responsibility for my actions on May 31 and the responsibility that come with living with a mental illness, by communicating with total transparency to my treatment team members, participating wholeheartedly in all aspects of my treatment, and maintaining 100% medication adherence. I vowed after my crime that I would never become a weapon again, and I intend to keep that vow.

I hate my actions on May 31, but through countless hours of therapy I no longer hate myself for them. I have forgiven myself for my participation in those events, and I ask that anyone affected forgive me as well. I have learned that forgiveness is a process of healing that helps release the pain of the past. I no longer want to be a source of pain in my community, and that is why I ask for forgiveness.

Since conditional release is about who I am Today versus who I was in the past, I'll move on to more recent matters. I am not claiming to be a perfect person. Far from it, actually. Sometimes I take my medications a little late because life gets in the way. Sometimes I loose my way and down seems up, though only for a short period of time because I've learned to talk about what's going on so I don't become a danger again.

By petitioning the Court for conditional release, I am NOT saying I am done with my treatment. I am saying that I have exhausted all the resources available to me at the Winnebago Mental Health Institute. If I am to become a productive member of society, I need to be a part of society.

Aside from being committed to being healthy, I am also committed to using this negative situation and publicity for something good. I intend to give back to my community by doing good within it, and hopefully healing the wounds I've inflicted on a lot of people. I've always wanted to do for others what I felt no one could have done for me. I want to use my experience losing myself in a mental illness as a way to make others who are dealing with mental struggles see they are not alone, this is not the end of who you are, this does not define you, and give reality checks to people who are asking for help.

I am willing to comply with any and all rules that the court and my new treatment team give me. I cannot stress enough that I have gone above and beyond in WMHI to be healthy, and I will continue to do so to stay healthy. I am going to be a productive member of society, make my own way, and get some form of a higher education. I want to reiterate that I am not saying I am done growing, changing, evolving, or adapting. I just can't do it here anymore.

I thank everyone for their time and patience, and I ask that I be given a chance to prove that I am who I say I am.

